



Are you ready for Bike Month 2024?

May is National Bike Month, and Metro has plenty of activities and promotions planned to promote the benefits of bicycling and encourage commuters to give biking a try!

Metro will be celebrating Bike Week from May 13 – 17, 2024, and Bike Day on Thursday, May 16. We look forward to supporting a growing number of events and to continue to work to expand bicycle commuting across LA County.

Here is how you can participate:

1. Host a bike-related event during the month of May.
2. If your event is open to the general public, please share the details with us to be included on the [Metro Bike Month 2024 calendar of events](#).
3. Create social media buzz using any of our hashtags @MetroLosAngeles to promote your event, including #BikeAnywhere, #BikeAnytime, #BikeMonth, and #BikeDay.

The deadline for submitting details about your public bicycle-related event is April 26, 2024. If you have any questions, please contact vanstrattend@metro.net.

Thanks for helping make Bike Month in LA County a success!

